

Quick Impact Volunteering



Opportunities in Foróige

Hello from Foróige!

Foróige is a nationwide youth organisation using cutting-edge youth work to enable young people to find their passion and achieve their potential.

basis.point are proud supporters of Foróige's work and fund a number of initiatives in partnership with us including the NFTE youth entrepreneurship programme in Cork and a new digital skills and leadership initiative for young people in Kilkenny.

Supported by staff and 5,000 adult volunteers we empower 50,000 young people to:

- Make friends and have fun
- Use their passion to change themselves and the world
- Learn essential skills to excel in life, education and work
- Develop their values and beliefs

We have great roles for volunteers. You can get involved on your own or with colleagues! Roles can be short-term or longer. Roles are mainly in person but some can be online via Zoom.

You might have something you would like to offer but it isn't named here. That's ok – talk to us. It may be possible.



Train volunteers in a skill you have

Youth work volunteers need their skills enhanced as they progress. You could offer inputs or training for volunteers in team work, facilitation, communication, conflict management, committee skills, being a chairperson, secretary, treasurer or communications officer, basic first aid, sports skills such as the rules of soccer or hurling, planning a local event.

There may be opportunities to train a group of adults in a skill which they can pass on to young people such as CV preparation, subject grinds, healthy cookery, yoga, guitar lessons, etc.

Time involved:

A couple of hours once-off, or for a few sessions.

Location:

Many - as suits you and the Foróige volunteers. May be available online too.

Share your skills with a local Foróige youth group



Interact directly with young people! You could help a local Foróige group to learn your hobby for a few weeks. Art, drama, playing an instrument, coding, coaching sport, cookery, film making or organising concerts – whatever it is. It may be possible to volunteer online via Zoom in some of these.

Time involved:

Varies. As short as an hour or over several weeks – for example giving a once-off talk or helping a group to put on a show.

Location:

Where that group is happening.

Career and other seminars

Consider becoming a guest speaker at one of our career webinars to give young people an insight into your career. This also provides an opportunity for young people to network with you in a career they might be interested in pursuing.

Provide seminars on other topics such as marketing, innovation or CV prep, interview preparation for staff, volunteers or young people.

Host a virtual or onsite tour

A tour of a worksite can help influence and inspire more young people to enter specific industries or organisations, collaborate with like-minded businesses and have greater collective impact. It can raise your workplaces profile with young people.

Homework, reading or subject learning groups

You could come to a youth centre one or more afternoons a week to help young people with their homework, reading or a particular subject.



Foróige's Entrepreneurship Programme: NFTE

Short or longer term options are available as business mentors, guest speakers, and competition judges. NFTE targets young people from disadvantaged areas and supports them to develop and implement a business idea through a set curriculum, competitions, site visits and meeting people with entrepreneurship experience. basis.point is a flagship funder of the NFTE youth entrepreneurship programme in Ireland and in particular funds the rollout and development of the programme in Cork.

Time involved:

A couple of hours once-off.

Location:

Various locations nationally.



Foróige LevelUP: Digital skills, Technology or Engineering

Foróige's exciting new LevelUP programme, created with funding and support from Accenture, helps young people develop the skills they need to thrive in a digital world. Based on three pillars: Inform, Inspire and Invent; young people use technology in a creative and purposeful way. LevelUP and Engineering Solutions groups can operate like other Foróige volunteer-led clubs and usually meet weekly or via Zoom. There is also a school holiday 3 or 4 day option.

Time involved:

Usually 1.5 to 2 hours per weekly session but can be less frequent. There can be a short term option to support an existing club with a technology activity.

Location:

They can be set up where we have volunteers or paid staff.

Supporting the organisations development

Working in a support role with Foróige's management team on programme development, strategic planning, fundraising, accessing European funding, branding, etc

Supporting the organisations development

We have regular weekly opportunities to work with young people over the course of a year. If you'd like more information please just ask.

Foróige clubs: These groups of around 15 to 30 young people meet weekly and are supported by about 4 to 6 volunteer adult leaders. They are a great way to get to know young people and be involved in developmental, community and recreational activities with them.

Mentoring programmes, such as Big Brother Big Sister: This is a one to one programme over at least one year, in which a friendship is developed between an adult and young person which is supportive of the young person's development.

Adopt a Foróige Club for a year: We could also facilitate links between companies and individual clubs - such as adopting a Foróige Club for a year. This would facilitate a longer term impact on the club and on young people, and allow young people to get to know the organisation. Internships, site visits, work shadow, transition year placement, connecting young people to the workplace and mentoring their career decisions.

What's next?

Foróige will discuss options with you. Email us at volunteer@foroige.ie We will get you to apply and do Garda vetting. If your application is successful we will provide training and support for you in that role.

